



NEED TO KNOW

PREECLAMPSIA & TOXEMIA

WHAT IS IT?

Preeclampsia or Toxemia is a condition that can occur when you have high blood pressure. It usually occurs after 20 gestational weeks. If your blood pressure is high, please take special care of your self and keep all of your prenatal appointments.

SIGNS OF PREECLAMPSIA / TOXEMIA:

You may have some or all of these:

- You may have blurred vision or see white spots.
- Nausea and vomiting
- Headache
- Sudden weight gain, a pound a day
- Swelling of the hands, feet, and face.

IF YOU HAVE ANY OF THESE SIGNS, CALL YOUR DOCTOR NOW!!