



DIABETES CONTROL NETWORK

The Diabetes Control Network (DCN) is a diabetes education program for HPM members and providers. DCN can help you learn more about diabetes and what you can do to help control it. This **free** program is sponsored by Pfizer Pharmaceuticals.

How this Program Works:

- All members with diabetes are mailed invitations to enroll in the DCN program by Health Plan of Michigan. Enrollment forms are usually mailed in the first three months of the year (January, February and March).
- Members who are interested in the program should fill out the form and mail it back to DCN in the envelope provided.
- HPM does not release any member names to the DCN program. DCN will only have a member's name if the member mails back the form.
- Members enrolled in the DCN program receive 12 mailings over the year to help them get their HbA1c levels to goal and to encourage them to take their medication as directed.
- Mailings include a series of newsletters with articles about common health problems, health tips, and more. Members can also get more information and help on the Healthy at Heart website (www.healthyatheart.com).

If you did not get an enrollment form in the mail, but would like to join this program, please call the HPM Disease Management department at 1-888-437-0606, ext. 1395.