



HPM benefits for their Asthma Members

In order to help you manage your Asthma; HPM pays for these items for their Asthma members:

- Office visits with your primary care physician (PCP).
- Visits to a Specialist with a referral from your PCP.
- Spacers. Prescription from your PCP is needed. Can get these at a pharmacy or HPM-contracted durable medical equipment (DME) company.
- Peak Flow Meter. Prescription from your PCP is needed. Can get these at a pharmacy or HPM-contracted durable medical equipment (DME) company.
- Medications to treat your asthma as ordered by your PCP.
- Yearly flu shot.
- Pneumonia shot if recommended by your doctor.
- One nebulizer every five years. You will need a prescription from your PCP. You can get your nebulizer at an HPM-contracted DME.
- Asthma education classes through an HPM-approved provider. Call the Disease Management Program at 1-888-437-0606, ext. 1345 or 1395 for more information.
- Stop Smoking programs. Call the Michigan Tobacco Quit Line at 1-800-480-Quit.
- Transportation to and from your doctor's appointments. Contact Acces2Care at 1-800-821-9369, 5 days before your appointment.
- Enrollment in the HPM Asthma Disease Management program. The program offers asthma information, health reminders, newsletters and clinical support.