



HPM Benefits for Members with Diabetes

In order to help you manage your health, Health Plan of Michigan pays for these items for members with Diabetes:

- Office visits with your Primary Care Physician (PCP).
- Specialist visits with a referral from your PCP.
- A dilated eye exam each year, and foot exams at every visit to your PCP.
- Routine Diabetic lab tests, such as HbA1c, LDL and Microalbuminuria screenings ordered by your PCP.
- Yearly flu shot.
- A blood glucose testing meter through Great Lakes Medical Supply. Call GLMS at 1-800-774-0788 to sign up. You will need a prescription from your doctor faxed to Great Lakes Medical Supply at 1-800-292-0677.
- Monthly supplies of test strips and lancets through Great Lakes Medical Supply delivered to your home.
- Diabetes education classes through an approved provider for new Diabetics and also refresher classes for current Diabetics. Call the Disease Management Program at 1-888-437-0606, extension 1251 for more information.
- Diabetic prescription drugs and insulin as ordered by your doctor.
- Nutritional counseling, if ordered by your doctor.
- Stop Smoking program. Call the Michigan Tobacco Quit Line at 1-800-480-Quit.
- Transportation to and from your doctor's appointments. Contact Access2Care at 1-800-821-9369 at least five days before your appointment.
- Enrollment in the HPM Diabetes Disease Management program. Our program offers diabetes information, health reminders, newsletters and clinical support.

HPM wants to help you keep your Diabetes under control. If you have any questions or need help, please call HPM Member Services at 1-888-437-0606 and ask to speak with the Disease Management Staff.