



## HPM Benefits for Members with Asthma

In order to help you manage your health, Health Plan of Michigan pays for these items for members with Asthma:

- Office visits with your Primary Care Physician (PCP).
- Visits to a Specialist with a referral from your PCP.
- Spacers. You will need a prescription from your PCP. Members can get these at a pharmacy or HPM-contracted Durable Medical Equipment (DME) company.
- Peak Flow Meter. You will need a prescription from your PCP. Members can get these at a pharmacy or HPM-contracted DME company.
- Medications to treat your Asthma as ordered by your PCP.
- Yearly flu shot.
- Pneumonia shot, if recommended by your doctor.
- One nebulizer every five years. You will need a prescription from your PCP. You can get your nebulizer at an HPM-contracted DME company.
- Asthma education classes through an HPM-approved provider. Call the Disease Management Program at 1-888-437-0606, extension 1251 for more information.
- Stop Smoking Program. Call the Michigan Tobacco Quit Line at 1-800-480-Quit.
- Transportation to and from your doctor's appointments. Contact Access2Care at 1-800-821-9369 at least five days before your appointment.
- Enrollment in the HPM Asthma Disease Management program. The program offers Asthma information, health reminders, newsletters and clinical support.

HPM wants to help you keep your Asthma under control. If you have any questions or need help, please call HPM Member Services at 1-888-437-0606 and ask to speak with the Disease Management Staff.