

## Health Plan of Michigan Clinical Practice Guideline Routine Preventive Services for Infants and Children (Birth – 24 Months)

The following guideline provides recommendations for routine preventive services for children birth to 24 months.

Recommendation	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	24 months
Health, developmental and risk assessments	X	X	X	X	X	X	X	X	X
Parental education and counseling: Immunizations, nutrition, breast-feeding [A], physical activity, dental health, child abuse, depression, alcohol/drug abuse, anxiety, stress reduction, coping skills Motor vehicle safety – Rear facing car seat when riding in a motor vehicle until 1 year and 20 pounds [B]. Poison prevention – Keep National Poison Control numbers readily accessible; use child resistant containers Burn prevention – Install smoke detectors and test bi-annually; carbon monoxide detectors, water heater temperature and fire prevention Injury prevention – Use of gates; never leave infant unattended on changing table; water safety; CPR training SIDS and infant sleeping positioning – Place infants on their back [B]	X	X	X	X	X	X	X	X	X
Tobacco Use Screening: Establish tobacco use and secondhand exposure	X	X	X	X	X	X	X	X	X
Neonatal Screening: Newborn metabolic screening prior to hospital discharge > 24 hours of age [D]	X, > 24 hours of age				X	X	X	X	X
Blood Lead Testing [B]						X			
<b>Immunizations:</b> Consult the Advisory Committee on Immunizations Practices (ACIP) website ( <a href="http://www.cdc.gov/nip/acip/">www.cdc.gov/nip/acip/</a> ) for most updated immunization schedules for routine and high risk populations. Use combination vaccines to minimize the number of injections Update the Michigan Care Improvement Registry (MCIR)									
DTaP [A]			X	X	X		X		
IPV			X	X		X			
MMR (MMRV) [A]						X			
Varicella [A]						X			
Pneumococcal (PCV7)			X	X	X	X			
Hib [A]			X	X	X	X			
Rotavirus			X	X	X				
Hep B [A] – Schedule 1	X	X				X			
Hep B [A] – Schedule 2		X	X			X			
Hep A						X		X	
Influenza [B]						X, 6-59 months annually			

**Levels of Evidence for the most significant recommendations:** A =randomized controlled trials; B =controlled trials, no randomization; C =observational studies; D =opinion of expert panel

This guideline lists core management steps. It is based on several sources, including: Preventive Services for Children and Adolescents, Institute for Clinical Systems Improvement, 2006 ([www.icsi.org](http://www.icsi.org))  
Individual patient considerations and advances in medical science may supersede or modify these recommendations.

