



## 2 EXAMS WITH 1 VISIT!

A great number of our female members under the age of 21 are pregnant and will be having children this year. These young women will visit ob/Gyn offices frequently. However, they are less likely to see a physician for their yearly adolescent well visit. This is why HPM urges Ob/Gyn offices to provide yearly adolescent well visits to young women during their postpartum exam that occurs 21-56 days following delivery. There are 3 simple components to an adolescent visit that can be performed in addition to the 2 components of a complete postpartum visit.

**Please help HPM & our commitment to ensuring that our members receive quality preventative health care by combining 2 components of the postpartum visit with all 3 components of an adolescent well visit on ALL women ages 12-21!**

The 2 components of a complete postpartum visit that must be performed are:

1. Patient must be seen exactly between 21-56 days following delivery.
2. Either one of the following; a pelvic exam OR weight, blood pressure, abdomen check OR an indication of a postpartum care noted in medical record.

Please note: Postpartum visits must be billed with a diagnosis code of 59430. The 3 components of a complete adolescent visit that must be performed are:

1. Health & Development history of the patient, physical & mental.  
This component is especially important for postpartum women.
2. A physical exam
3. Health education/ anticipatory guidance.  
This component is ideal for postpartum women, great opportunity to educate patients about car seat safety for their newborn, as well as nutritional information about how to safely lose the extra pounds gained during pregnancy.

Please note: Adolescent well visits must be billed with a diagnosis code of 99383-99385 or 99393-99395.

For additional information or questions, please call Provider Services toll free 1-888-437-0606.